



Kershel Anthony

Known for his charismatic and magnetic personality, Kershel Anthony is know to ignite the dance floor and fitness world as a choreographer, fitness expert and entertainer for over twenty years. Raised in New York, Kershel started dancing at the age of five and attributes his love of dance to being surrounded by music while growing up. He studied Dance at Hofstra University where he mastered his own style, becoming an expert in hip-hop, and modern dance, and perfecting his break dancing skills.

From The King Michael Tour, SHAPE America Conferences and to the IDEA World Fitness Conference. Kershel has been stomping his feet and making BIG imprints into today's industrys.

As the founder of fitness programs, Kershel's greatest success grew with creating the kids program, **Kerboomkidz Inc.** His natural entrepreneurial nature inspired him to want children to live a healthy and active lifestyle through movement and music. He created this program to **MOVE**, **EDUCATE** and **INSPIRE** today's youth. He has

impacted thousands of children's lives nationwide and is on a mission to influence the youth across the world to be the best version of themselves.

WHAT IS KERBOOMKIPZ

Kerboomkidz...

is a high-energy kids movement and mental health wellness program. Our moves combined with positive affirmations help bring together the perfect program to help kids feel confident, learn kindness, and learn to. be the best version of themselves. Our programs leave you and your students ready to conquer anything. Building stronger bodies and stronger minds at

the same time!



TO MOVE TO EDUCATE TO INSPIRE

Kerboomkidz.com

Elementary

- We focus on fundamental locomotor (hopping, skipping, sliding) and non-locomotor (bending, twisting, balancing, pushing, pulling)
- Personal feelings of success at the end of their session
- Learning to move with each other in a cooperative space



- Student are able to demonstrate and describe critical elements of fundamental motor skills
- Begin to identify more complex skills
- Transfer the skills learned in class to a new skill

High School

- Analyze the use of movement concepts during motor skill performance
- Apply concepts of choreography and create their own performance

Allows students to take part in our leadership program.

We educate our future entrepreneurs and leaders of America as well as encourage them to be their absolute best!















PROGRAMS

- In School Programs
- After School Programs
- Virtual Programs
- Summer Camp
- Family Fun Night
- Birthday Parties
- School Events
- Fundraisers

BENEFITS

- Improving physical coordination, focus, and endurance
- Developing various motor skills and movement patterns
- Offering a structured environment to learn about oneself and peers
- Developing cognitive skills
- Creating healthy habits that last
- Gaining rhythm and confidence

INCLUDES

- 45 min class; can be either virtual or in person
- Certified instructor that will guide and inspire ALL kids to get involved.
- Certificate of KABOOMKIPZ completion at the end of your school year or session
- Multiple packages to choose from to match your schedule

TO MOVE TO EDUCATE TO INSPIRE

